



CURRENTS

<http://beniciavallejo-ca.aauw.net/>



Volume 63 Issue 2 February 2026

A Meal and a Meeting



Safeguarding Against Scammers

**6 pm, Wednesday, Feb. 4
at Union Hotel, Benicia**

Representatives from the Benicia Police department will be the featured speakers at the program providing safety tips to safeguard against online scammers.

The speakers encourage everyone to learn about ways to stay safe online and on digital devices, and to protect against fraud. They suggest that personal information is like money - value it and protect it. The presentation will cover some resources outlining safety tips. A link is available on the homepage of the Benicia Police Department website: <https://www.ci.benicia.ca.us/police>

A \$30 dinner includes either pasta or a chicken Caesar salad, soda or ice tea, a dessert and tip. **Cash is requested.** Those interested in attending are asked to text a positive RSVP to by Feb. 3. Seating is limited.



Events

Date	Event	Contact
Wednesday February 4 6 PM	A Meal and a Meeting Union Hotel 401 First Street, Benicia	Barbara Engdahl

Tuesday February 10 1:30	Book Group Home of Shannon Frisinger	Kim Fountain
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President's Message

Chris Stevens Co-president



Between the cold, dreary days and the constant turmoil in our nation and in the world, most of us are feeling somewhat dismal and depressed.

One antidote? Get together with other like-minded people, talk and drink coffee, hot chocolate or something stronger! On Feb. 4, our branch is holding our monthly dinner meeting at the Union Hotel, with three members of the Benicia Police Department talking about how to avoid scams and cons. See above for details and RSVP information.

Then come Valentine's and Galentine's days, so make an effort to get together with friends and special people in your lives, -- go out to coffee, lunch, walk down First Street or whatever is fun for you. Yes, Galentine's is a real thing (Google it) when women gather to celebrate and renew friendships, often consuming chocolate and/or wine in the process.

Another antidote to the blues is to make it to one or more of the weekly pro-democracy events held Thursdays at 4 pm and Sundays at noon in front of the Benicia gazebo and Saturdays at 11 am in Vallejo along Admiral Callaghan Lane and Plaza Drive. There is usually music and always plenty of good cheer. You can also call or email our US senators and Congressman Garamendi, thanking them for holding the line against autocracy and encouraging them to keep doing so.

Have a great February!

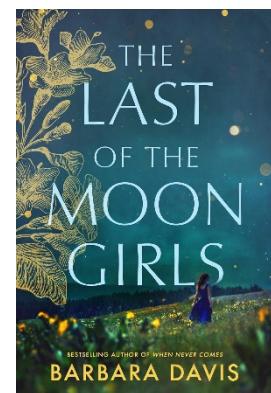
Book Group

Tuesday, February 10, 1:30 PM

Host: Shannon Frisinger,

This month's selection is The Last of the Moon Girls by Barbara Davis.

A novel of secrets, memory, family, and forgiveness by the bestselling author of When Never Comes.



Lizzy Moon never wanted Moon Girl Farm. Eight years ago, she left the land that nine generations of gifted healers had tended, determined to distance herself from the whispers about her family's strange legacy. But when her beloved grandmother Althea dies, Lizzy must return and face the tragedy still hanging over the farm's withered lavender fields: the unsolved murders of two young girls, and the cruel accusations that followed Althea to her grave.

Lizzy wants nothing more than to sell the farm and return to her life in New York, until she discovers a journal Althea left for her—a Book of Remembrances meant to help Lizzy embrace her own special

gifts. When she reconnects with Andrew Greyson, one of the few in town who believed in Althea's innocence, she resolves to clear her grandmother's name.

But to do so, she'll have to decide if she can accept her legacy and whether to follow in the footsteps of all the Moon women who came before her. (Amazon)

Future Selections: 2026

MAR 17 The Personal Librarian by Marie Benedict; Host: Janet

APR 21 Orbital by Samantha Harvey, Host: Debbie

Music Ensemble



Join us Tuesdays at 10 AM. No one's a professional! Contact Leslie
lhl@lessenger.net

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